

Travels in France
Shopping List



Willamette Valley Kitchen Co:

4 Tb Provvista extra-virgin olive oil
2 Tb Videsan sherry vinegar
1 tsp Fallot Dijon mustard
7 oz Callebaut dark chocolate

Your Favorite Grocery Store:

1 sm shallot
1 lemon
1 lb carrots
1 half pint cherry tomatoes
2 sm heads butter lettuce
2 lg leeks
1 pkg chives
¼ C walnut pieces
1 pkg chicken gizzards (about 1.5 lbs)
1 slice bacon
1 pint fat (can be duck*, lard, olive oil)
¼ C grated parmesan
3 C heavy cream

Fitt's Seafood Market

6 ea, 4-6oz pieces cod
*duck fat can be purchased here

Check at Home:

kosher salt and fresh ground black pepper
1 Tb grapeseed oil
pinch of white pepper
1 bay leaf
½ tsp chicken Better Than Bouillon
3 cloves garlic
2 tsp honey
2 eggs
6 Tb butter
2 tsp orange liqueur

My Kitchen Tools Wishlist: